



Media Release

MEDIA CONTACT

Sandy Manners, Director of Corporate Communications

Guelph Hydro Electric Systems Inc.

Tel: 519.837.4703 Cell: 226.218.0157

Email: smanners@guelphhydro.com

Website: www.guelphhydroinc.com

Get Energy Efficient and Have Fun on Family Day

(GUELPH, ON) February 17, 2012 – Guelph Hydro Electric Systems Inc. encourages customers to use Family Day as an opportunity to teach children about energy conservation.

- Borrow a Kill-a-Watt™ meter from the Guelph Public Library and run some “experiments” to find out how much energy each of your appliances and other electrical equipment uses. Then come up with ideas to reduce consumption. For more information about borrowing a Kill-a-Watt meter, contact your local library branch.
- Many electric appliances continue to consume energy when they are shut off. They may only use a little bit of energy, but we all have a lot of them in our homes. Encourage the kids to research Phantom Power on the Internet. Then, have them conduct a Phantom Power Audit by going from room to room looking for:
 - Devices with little lights that indicate they are in standby mode (television, DVD player, video game console, computer equipment)
 - Devices being charged (cell phones, wireless phones, laptops, battery chargers)
 - Devices with digital displays that are always on (clock radio, microwave, stove)As a final step, ask them to suggest ways you can reduce Phantom Power in your home.

There are lots of ways you can save energy. For more ideas on conserving energy this month and all year round, visit us at www.guelphhydro.com

About Guelph Hydro Electric Systems Inc.

Guelph Hydro Electric Systems Inc. delivers a safe and reliable supply of electricity to approximately 50,000 residential, commercial and industrial customers in Guelph and Rockwood. The company is owned by Guelph Hydro Inc. which was named Large Company of the Year for 2011 by the Ontario Energy Association and is actively developing sustainable energy projects as a key implementer of the City of Guelph’s Community Energy Initiative.

For more information, visit: www.guelphhydro.com.